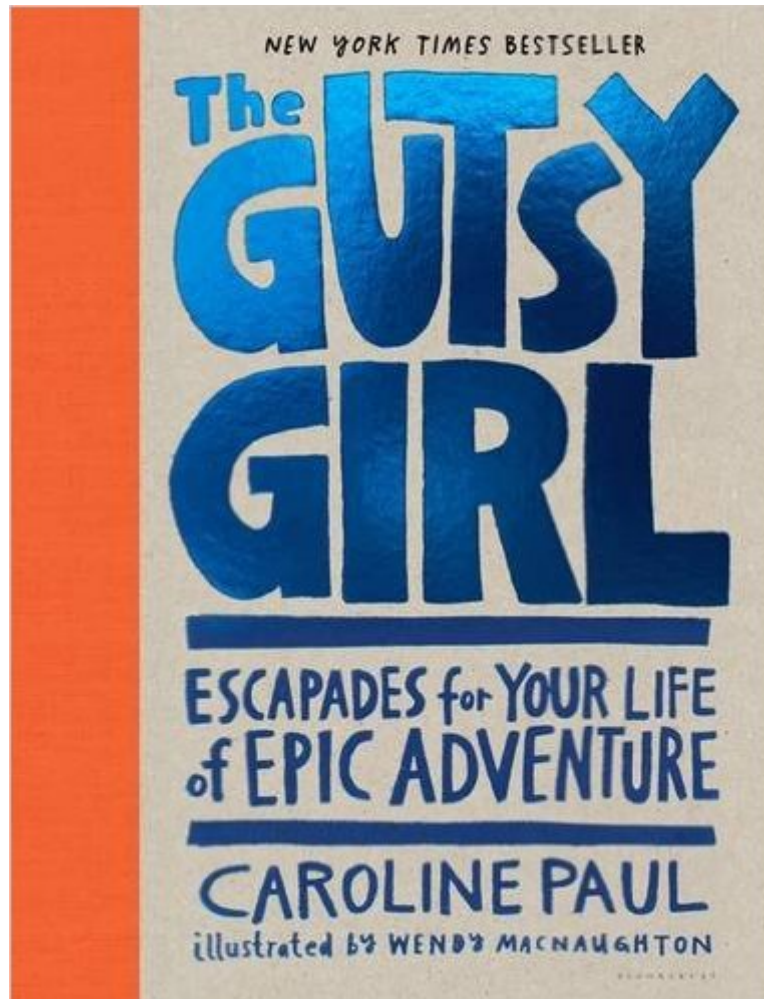


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# The Gutsy Girl: Escapades For Your Life Of Epic Adventure



## Synopsis

Why should girls miss out on the joy of adventure? They can jump off rocks, swing on ropes, and climb trees just as well as boys can. But girls often allow fear to stand in their way. In *The Gutsy Girl*, author Caroline Paul emboldens girls to seek out a life of exhilaration. Once a young scaredy-cat herself, Caroline decided that fear got in the way of the life she wanted--of excitement, confidence, self-reliance, friendship, and fun. She has since flown planes, rafted big rivers, climbed tall mountains, and fought fires as one of the first female firefighters in San Francisco. In *The Gutsy Girl*, she shares her greatest escapades as well as those of other girls and women from throughout history, and offers engaging activities such as confidence-building stances, creating a compass, positive self-talk, and using crickets to estimate outside temperatures. Each section includes a place for girls to "journal" their adventures, thus encouraging a new generation to develop a zest for challenges and a healthy relationship to risk. *The Gutsy Girl* is *Lean In* for young girls, a book about the glorious things that happen when you unshackle from fear and open up to exhilaration. Fully illustrated and enlivened throughout by bestselling illustrator Wendy MacNaughton's whimsical pen-and-ink drawings.

## Book Information

Hardcover: 160 pages

Publisher: Bloomsbury USA (March 1, 2016)

Language: English

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Product Dimensions: 6.4 x 0.7 x 8.6 inches

Shipping Weight: 14.9 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (46 customer reviews)

Best Sellers Rank: #7,245 in Books (See Top 100 in Books) #12 in [Books > Reference > Writing, Research & Publishing Guides > Writing > Travel](#) #14 in [Books > Parenting & Relationships > Parenting > Parenting Girls](#) #71 in [Books > Children's Books > Activities, Crafts & Games > Games](#)

Age Range: 7 and up

Grade Level: 4 - 7

## Customer Reviews

I originally bought several copies of this book for gifts for most of the girls that I know. Then I read

the whole thing, cover to cover in one night because I could not put it down, and had to go get several more copies for all the adult women that I know too. Pretty sure I have bought at least 10 of these for girls and women of all ages. I wish I could go back in time and read this when I was about 10 years old. It's fun, it's clever, it's super encouraging while also being honest and self-deprecating at times. Caroline weaves in great stories from her own life with inventive ideas for ways to live your life with courage and an eye for adventure. There are also little illustrated factoids about amazing women throughout history sprinkled through the book. The illustrations are charming and witty and add an extra depth to the book that will make it a keepsake for many readers.

As the parent of a girl and also just a person who enjoys good, fun writing, I'm so glad for this book. Smart and entertaining and practical, it's a must for anyone who wants to change the narrative around what kinds of lives girls can lead.

Finally a book for girls that isn't about being just the "good girl" - the book shelves are filled with adventures that boys pursue, but we still hold our girls back from their full potential - a fun and inspiring read for any developing young girl! Great gift

My daughter couldn't put this book down.

This is one of the best books I've seen for women and girls. Celebrate all the brave and crazy things you've done in your life with Caroline Paul. I'll be purchasing copies for my granddaughters so they can become the 'gutsy girls' I know they were meant to be.

As many have said, I wish I'd read this when I was much younger. This is a charming, well written and entertainingly illustrated personal memoir of adventures planned and executed, punctuated by useful advice and brief bios of a myriad of daring female figures for inspiration. I'm planning to give copies to our young nieces and am keeping it on my shelf for easy access to reread parts. (It's not only young girls who may need inspiration to be brave.)

This little guidebook is chock-full of dangerous derrings-do, snippets of info on various female heroes, helpful information, and bizzare checklists. It's an enjoyable read aimed at tween-age girls who are looking for adventure. • Don't try this at home! • I only wish this book had more examples of smaller feats of daring as opposed to crevices in Denali and climbing the Golden Gate

bridgeâ something like getting up in front of a crowd to recite your poetry or standing up to the class bully. Then again, the title does include the words â œEpic Adventure, â • so I suppose those examples wouldnâ™t fit. I received this book for free through Goodreads Giveaways in exchange for an honest review.

GREAT Book! I wanted something easy to read, yet fun and inspiring. This fit the bill. I'm a 30 yo female, and I know this is geared toward teens, but I still enjoyed every piece of it. I'll never be as advenferious as Caroline and her pals, but it taught me to try, try and try to push myself and be the best I can for success in adventure.

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